

Welcome to Our Practice

Dear Prospective Patient,

Thank you for choosing us to be part of your healthcare journey. Whether you are here for preventive care, chronic condition management, or simply looking to feel your best, we are honored to be your partners in health.

At our clinic, we believe that building a healthier patient starts with a strong and respectful relationship between you and your care team. Your goals, concerns, and experiences matter deeply, and we are committed to listening, educating, and guiding you every step of the way. Every appointment, conversation, and plan is shaped around the belief that good health is achieved through collaboration, not just treatment.

Our approach is rooted in compassion, evidence-based medicine, and personalized care. We work together to identify what matters most to you, whether it is keeping up with your family, reducing stress, improving lab results, or simply feeling heard. We see healthcare as a partnership, where your voice guides your care and our expertise helps you make confident, informed decisions.

Please review the materials in this packet carefully and do not hesitate to ask questions. We are here for you, not just today, but throughout every chapter of your health journey.

Here is to working together toward a healthier you.

P. Douglas Cochran, MD

Kristin Groves, FNP-C

Elizabeth Vitulli, FNP-C



GENERAL PATIENT INFORMATION

Full Legal Name:		☐ Male ☐ Female
Date of Birth:/	Social Security Num	ber:
Primary Language: English Spani	sh • Other:	Do you need a translator? ☐ Yes ☐ No
Please Note: If English is not your p	rimary language, you must h	nave a translator with you at your appointments.
Address:	City:	State: Zip:
Primary Phone Number:		Email:
Occupation:	Employer:	
Emergency Contact:	Relation:	Phone:
Other Family Members Treated in this O	ffice:	
Did anyone refer you to our office?		
	IF PATIENT IS A MIN	VOR:
Parent's Full Legal Name:		
Parent's Contact Number:	Pare	nt's Employer:
	INSURANCE INFORM	IATION
	must be presented with your	insurance card for scanning and verification. any changes in insurance plans or coverage.
	PRIMARY	
Insurance Company:	ID#:	Group#:
Name of Insured:	SS#:	DOB:/
Relationship to Patient:		
	SECONDARY	
Insurance Company:	ID#:	Group#:
Name of Insured:	SS#:	DOB:/
Relationship to Patient:		



PATIENT MEDICAL HISTORY

Please check if you have ever been diagnosed with or treated for any of the following conditions.

☐ ADHD	☐ Diabetes	☐ Liver Problems	
☐ Anemia			
☐ Anxiety	Eating Disorder Lupus		
☐ Arthritis	☐ Emphysema ☐ Migraines		
Asthma	☐ Eye Problems ☐ Neurological Pro		
Autoimmune Diseases			
☐ Bipolar Disorder	☐ Fibromyalgia ☐ GERD/Heart Burn	Schizophrenia	
Bladder Problems	Seasonal Allergies		
☐ Blood Clots	Glaucoma	Seizures or Epilepsy	
Cancer	Headaches/Migraines	☐ Sleep Apnea	
☐ Congestive Heart Failure☐ Colitis	Hepatitis	☐ STDs ☐ Stroke	
COPD	☐ High Blood Pressure☐ High Cholesterol	Thyroid Disease	
☐ Coronary Artery Disease	Insomnia	☐ Vascular Issues	
Crohn's Disease	☐ Irritable Bowel Syndrome	_	
Depression	☐ Kidney Disease	None	
Past Surgeries (include year):			
Have you ever been treated for ment	al/behavioral health at an in-patie	ent facility? \square Yes \square No	
Have you ever received counseling se	ervices for Mental Health? Yes	□No	
Who is on your Care Team? (please i	list any providers that you have seen	or currently receive services from)	
☐ NONE	GI:	☐ Psychiatry:	
Previous PCP:	☐ Hematology:	☐ Pulmonology:	
Allergy:	☐ OBGYN:	☐ Rheumatology:	
☐ Cardiology:	Orthopedic:	☐ Urology:	
☐ Dermatology:	☐ Nephrology:		
☐ Endocrinology:	☐ Neurology:		
☐ ENT:	Pain Management:		
To help our office serve you best, ple	ase provide us with records of any i	recent (<5 years) hospitalizations or imaging.	



PATIENT MEDICAL HISTORY

Current Medications, Vitami	ins & Supplements		
Name:	Dose:	Frequency:	Prescribed by:
Vame:		Frequency:	
Name:		Frequency:	
Name:		Frequency:	
Jame:			
Name:			
Jame:			
Vame:			
Name:			
	py for a fromtione R	eplacement	Loss None
Preventive Screenings			
Preventive Screenings Test	Date of Last Test		Loss None Results/Notes
reventive Screenings Test Colonoscopy	Date of Last Test ☐ Never		
reventive Screenings Test Colonoscopy Mammogram	Date of Last Test ☐ Never ☐ Never		
Test Colonoscopy Mammogram Pap Smear / HPV Test	Date of Last Test ☐ Never ☐ Never ☐ Never ☐ Never		
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA	Date of Last Test Never Never Never Never		
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram)	Date of Last Test Never Never Never Never Never		
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram	Date of Last Test Never Never Never Never Never Never		
Preventive Screenings Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test	Date of Last Test Never Never Never Never Never Never Never		
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test	Date of Last Test Never Never Never Never Never Never Never		
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test Bone Density (DEXA Scan) Sleep Study	Date of Last Test Never Never Never Never Never Never		
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test Bone Density (DEXA Scan) Sleep Study	Date of Last Test Never		Results/Notes
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test Bone Density (DEXA Scan) Sleep Study mmunizations Are your childhood immuniz	Date of Last Test Never	to date for age? Yes	Results/Notes No, explain:
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test Bone Density (DEXA Scan) Sleep Study mmunizations Are your childhood immunizations Are your childhood immunizations	Date of Last Test Never	to date for age? ☐ Yes	Results/Notes No, explain:
Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test Bone Density (DEXA Scan) Sleep Study mmunizations Are your childhood immuniz	Date of Last Test Never	to date for age? Yes	Results/Notes
Preventive Screenings Test Colonoscopy Mammogram Pap Smear / HPV Test Prostate Exam / PSA EKG (Electrocardiogram) Echocardiogram Cardiac Stress Test Bone Density (DEXA Scan) Sleep Study mmunizations Are your childhood immuniz Please provide the date of your	Date of Last Test Never Mever Mever	to date for age? ☐ Yes	Results/Notes No, explain:



OBGYN HISTORY (Females)

Do you still get your periods?				
Are your periods regular? Yes No				
Are you currently on any kind of birth control? \(\sigma \) No \(\sigma \) Yes, Type:				
Have you had a hysterectomy (partial or complete)? □ No □ Yes, Date:				
Have you ever been pregnant before? □ No □ Yes, Number of pregnancies:				
Have you ever had an abnormal:				
• PapSmear ☐ Yes ☐ No If yes, results/followup:				
■ Mammogram □ Yes □ No If yes, results/followup:				
■ Breast Ultrasound □ Yes □ No If yes, results/followup:				
■ Breast Biopsy □ Yes □ No				
SOCIAL HISTORY				
Marital Status: ☐ Single ☐ Dating ☐ Married ☐ Divorced ☐ Widowed ☐ Partner				
Sexual Orientation: ☐ Heterosexual ☐ Homosexual ☐ Bisexual ☐ Other				
Alcohol Use : □ Never □ Rarely □ Moderate or Daily (7-10 drinks/wk) □ Heavy (>10 drinks/wk)				
Tobacco/Nicotine Use : ☐ Never ☐ Dip ☐ Cigarettes ☐ Vape ☐ Zyn or other smokeless ☐ Other				
Tobacco/Nicotine Frequency: ☐ Current (describe use): ☐ Quit (include date):				
Illicit Drug Use: ☐ Never ☐ Previously, date quit: ☐ Current: ☐ Current:				
EAMILY HISTORY				
FAMILY HISTORY				
Include pertinent conditions like Mental Health Issues, Diabetes, High BP, High Cholesterol, Heart Attack, Stroke, Autoimmune, Cancer, etc.				
Mother ☐ Living ☐ Deceased, age at death: Problems:				
Father Living Deceased, age at death: Problems: Problems:				
Maternal Grandmother ☐ Living ☐ Deceased, age at death: Problems:				
Maternal Grandfather ☐ Living ☐ Deceased, age at death: Problems:				
Paternal Grandmother ☐ Living ☐ Deceased, age at death: Problems:				
Paternal Grandfather				
Sibling (□ brother □ sister) □ Living □ Deceased, age at death: Problems:				
Sibling (□ brother □ sister) □ Living □ Deceased, age at death: Problems:				
Sibling (brother sister) Living Deceased, age at death: Problems:				
Sibling (☐ brother ☐ sister) ☐ Living ☐ Deceased, age at death: Problems:				

Account (Patient ID) # _____



PRIMARY GOALS & CONCERNS

Please tell us your top 3 goals/concerns. Is there anything we need to know to help you move forward with your health and wellness journey?

1.	
2.	
3.	



ANNUAL ADMINISTRATIVE FEE

Thank you for choosing Evangelion Medical as your partner in healthcare. We look forward to a long-term relationship with you and your family.

Evangelion Medical is committed to providing you with exceptional care. Many changes have taken place in the healthcare industry, and amongst these changes is the rise in administrative costs of operating a medical practice. Services once covered by insurance are now either partially covered, covered under certain medical necessity, or not covered at all. We want to continue to provide you with the highest quality medical care, but unfortunately, this requires providing services your insurance company will not cover.

After much consideration, Evangelion Medical finds it necessary to charge an Annual Administrative Fee (AAF) of \$200.00 per patient, with a discount of \$50 for additional patients per immediate family. The AAF is intended to cover services such as maintaining medical records, prior authorization, completion of immunization records, third-party forms, insurance filings and applications, email correspondences, etc.

Please note that your insurance company will not cover the annual administrative fee or any of these services. We suggest that you pay the AAF at your earliest convenience each year, however, it is due by December 31st each year and is nonrefundable. You may speak with a receptionist to pay your AAF.

Evangelion Medical values the opportunity to provide care for you, and we desire to maintain the most exceptional care. Thank you for your understanding.

By signing this form, you acknowledge that your insurance will not cover your AAF because the fee is for uncovered services. You also agree to assume financial responsibility for payment and not to submit a bill to your insurance provider for the AAF.

Patient's Name:	
Patient's Date of Birth:	
Patient's Signature:	
Today's Date:	



PATIENT OFFICE POLICIES

Payment Terms

Co-payments and deductibles are due at the time of service. Payment plans are only available by prior agreement. A \$50 fee applies to payments with insufficient funds, which must be paid immediately along with the original charge, or the case will be sent to the District Attorney. Outstanding balances must be paid before future services.

No-shows and Missed Appointments

Missed appointments without a 24-hour notice or arrivals more than 15 minutes late are considered no-shows. A \$50 rescheduling fee applies per 15-minute increment and must be paid before rescheduling.

Record Reproduction Terms

Request for reproduction of paper medical records for legal, insurance, or private use will incur a fee of \$25.00 for the first 20 pages and \$0.50 per page thereafter. A request for records in electronic format will incur a fee of \$25.00 for 500 pages or fewer and \$50.00 for more than 500 pages.

Additional Provider Paperwork Terms

Form completion, disability paperwork, or similar requests are \$200 per activity unless completed during a dedicated appointment. Forms requiring only a signature may be completed for \$50 if deemed appropriate by the provider.

Patient Behavior and Interaction Terms

Abusive, dishonest, or non-compliant behavior will not be tolerated and may result in dismissal from the practice and reporting to authorities. Dr. Cochran reserves the right to terminate the physician-patient relationship at any time, with reasonable notice provided for care transfer.

Phone Calls and Requests

Patients must allow 24 hours for refill requests or non-urgent phone call returns.

Minor Patients Terms

Minors must be accompanied by a legal guardian or legal representative. Non-parental adults must present signed consent or legal documentation.

Service Restriction Terms

Appointments are required. Dr. Cochran does not provide hospital, nursing home, or chronic inpatient care. Non-English speakers must bring a translator or be rescheduled. One visitor per patient is allowed (excluding parents of minors). The practice does not participate in legal, insurance, Workers' Compensation, or disability cases. Legal actions involving providers will incur fees payable by the issuing party; a fee schedule is available on request. Testimony will be impartial and fact-based.

Controlled Substance Policy

This policy reflects evolving standards and regulatory requirements, not distrust in our patients. Controlled substances include, but are not limited to:

- Narcotics (Hydrocodone, Norco, Vicodin, Tramadol, etc.)
- Stimulants (Adderall, Vyvanse, etc.)
- Benzodiazepines (Xanax, Klonopin, Valium, etc.)

- **Hypnotics** (Ambien, Lunesta, etc.)
- Hormones (Testosterone or Hormone Replacement, etc.)

Long-Term Pain Management: Due to patient safety concerns, rising national misuse, and stricter Texas Medical Board regulations, Evangelion Medical generally does not provide ongoing narcotics.

Office Visits: No refills of controlled substances will be given without an office visit. Visits do not guarantee a prescription. An initial visit is required to begin any controlled substance. Follow-up is required at least every 3 months (or monthly, per some insurance rules). A \$20 fee applies to prescriptions issued without an in-person appointment.

Prescription Duration: Most narcotics will be prescribed for no more than 30 days; some other controlled substances may be given up to 90 days at the provider's discretion, with compliance and insurance approval.

Drug Testing: Patients on or requesting controlled substances may be randomly tested for compliance. Any illegal substance use (e.g., marijuana, cocaine, heroin) will result in the discontinuation of prescriptions and may lead to dismissal from the practice.

Specialist Involvement: Patients under the care of a specialist (e.g., pain management, psychiatry, orthopedics) for controlled substances will not receive those prescriptions from this office. If a patient stops seeing the specialist, it is their responsibility to secure another provider.

Non-Compliance: Dishonesty or failure to follow this policy will result in discontinuation of controlled medications and possible dismissal from the practice.

By signing below, I hereby certify that the information I have furnished on these forms is complete, true, and accurate. I have carefully read and understand all of the terms above.

Patient/Guardian Signature:	Date:
	Account (Patient ID) #



STATEMENT OF FINANCIAL RESPONSIBILITY

PRIVATE INSURANCE AUTHORIZATION FOR ASSIGNMENT OF BENEFITS AND RELEASE OF INFORMATION

I hereby authorize and direct payment of my medical benefits to the offices of Evangelion Medical for any services furnished to me by the physician(s) or offices. I authorize the physician to release any information, including diagnosis and the records of any treatment or examination rendered to my child or me during the period of such medical services to third-party payers and/or health practitioners. I agree to inform the offices of Evangelion Medical immediately of any changes in my insurance plans or coverage benefits. In the event that my health plan determines a service to be "not covered", I will be responsible for the complete charge. I agree to be responsible for payment of all unpaid services rendered on my behalf or my dependents, including any fees for collection services needed.

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Signature of Patient or Responsible Party	Date
PAYMENT	
I hereby assume responsibility to pay the costs of all services prov	ided by the offices of Evangelion Medical to the patient.
Signature of Patient or Responsible Party	Date
AUTHORIZATION OF PAYMENTS	
· · · · · · · · · · · · · · · · · · ·	my claim to my insurance carrier. I hereby authorize payment directly to rwise payable to me, for the services provided. I understand that I am urance, and non-covered services.
Signature of Patient or Responsible Party	Date
LABORATORY BILLS I understand that the outside reference laboratory will bill me directly schedule (cost) for laboratory tests performed by Evangelion Med	ctly for all laboratory tests performed by the company. I understand that fical, shall be available to the patient upon request.
Signature of Patient or Responsible Party	Date
PHYSICIAN ASSISTANTS AND NURSE PRACTITIONE	CRS
•	ploys physician assistants (PA) and nurse practitioners (NP). I hereby
	obysician, may render my medical care jointly. I authorize the PA and/or Navising physician, as well as with other health care practitioners involved in mg medical students, during my consultation and/or examination.
Signature of Patient or Responsible Party	Date
MEDICARE LIFETIME SIGNATURE ON FILE	
	ther to me or on my behalf to Evangelion Medical for any services
furnished to me by the physicians. I authorize any holder of medic Services and its agents any information needed to determine these	cal information about me to release to Evangelion Medical for Medicare benefits or the benefits payable for related services.
Signature of Patient or Responsible Party	Date
	Account (Patient ID) #



ACKNOWLEDGEMENT OF RECEIPT OF HIPAA NOTICE OF PRIVACY PRACTICES

I acknowledge that I have read and understand Evangelion Medical's "Notice of Privacy Practices" in accordance with HIPAA rules and regulations, which explain how my medical information may be used and disclosed. I understand that I am entitled to receive a copy of this document upon request. Signature of Patient or Representative Printed Name of Patient Date **CONSENT TO COMMUNICATE** At Evangelion Medical, we are committed to protecting your privacy while ensuring you receive timely and appropriate communication regarding your care. **Voicemail and Communication Consent** If we are unable to reach you directly, may we leave detailed messages on your voicemail or answering machine, which may include test results, appointment information, and treatment recommendations? ☐ Yes – I give consent for Evangelion Medical to leave detailed messages. □ No – Please leave only a request for me to return the call. **Preferred Method of Contact** Please indicate your preferred method of contact for routine communication (appointments, reminders, results, etc.): ☐ Phone Call ☐ Patient Portal Message **Permission to Share Health Information** I give Evangelion Medical permission to discuss and/or release information about my care, including test results, medications, diagnoses, and treatment plans to the following individuals: **Comments/Instructions** Name of Individual & Relationship Contact (may pick up meds, disclose test results, etc.) By signing below, I hereby certify that to the best of my knowledge, all of the information I have furnished on these forms is complete, true and accurate. Patient/Guardian/Legally Recognized Representative Signature: **Date:** ____

Account (Patient ID) #



15 Smith Rd. • Suite 3004 • Midland, Texas 79705 432-699-6000 • WWW.EVANGELIONMEDICAL.COM

RELEASE OF RECORDS

SECTION I: AUTHORIZATION (please select one)

Name/Facility:		Attention:			
Address:	Cit	y:		State:	Zip: _
Phone:	Fax:				
Purpose of Request: Personal Ins	urance 🗖 Legal 🗖 Ref	erral or 2nd Opinion	Other:		
☐ Transfer from P	ractice (please specify):				
☐ I hereby authorize Evangelion Medic	al to obtain my medical r	ecord information to	the person/faci	lity listed bel	ow.
Name/Facility:		Attenti	on:		
Address:	Cit	y:		State:	Zip: _
Phone:	Fax:				
SECTION II: SPEC Please provide a two year abstract of	IFIC RECORD/REPO	RT(S) TO BE REI	LEASED (ple	ase select o	ne)
☐ Please provide specific records (incli	de pertinent dates and info	ormation):			
COPY FEE: for patient record requests, pursuant	to HIPAA 45 CFR 154.524, we r	eserve the right to charge a	reasonable cost-b	ased fee for prod	ducing and ma
copies. If you want the entire medical record or m	ore than the 2 year abstract, the	ate will increase proportio	nately based on th	e cost. For all ot	ther release of

information requests, the applicable US state statute governing fees for medical records will be applied.



SECTION III: RESTRICTED AUTHORIZATION TO BE RELEASE PROTECTED INFORMATION

It is extremely important that you select "I DO" or "I DO NOT" for each item in the following section. Do not skip any items as it could impact our ability to fulfill your request and cause delays.

1 auciit/	Guardian Ecgany Recognized Representative Signature.	Datt.		
	ng below, I hereby certify that to the best of my knowledge, all of the informative and accurate. Guardian/Legally Recognized Representative Signature:	mation I have furnished on these forms is complete Date:		
C	of Patient or Responsible Party Da			
Evangelion M revocation w Effect on Potential	is Authorization will remain in eITcct until Evangelion l'vledical fulfills this request Revocation: I understanded in writing at the address listed above. The revocation will be eITective immediately upon Evangel will not have any effect on any action taken by Evangelion Medical in reliance on the Authorization before Treatment: I understand that I may refuse to sign this Authorization before any reason and I hal such refuteratment at Evangelion Medical. for Redisclosure: I understand that the person receiving my Protected Health Information may not be requested. Health Information may no longer be prolected by I he applicable state and federal law of the state of the properties of the right in the right in deny me access to a writing of any such denials.	and that I may revoke this Authorization at any time by requesting it of ion Medical's receip1 of my writ1en notice. I understand that the it received my written notice of revocation. Fusal will not affect the commencement, continuation, or quality of my uried to comply with federal and state Privacy laws, and my Protected once it Is disclosed by Evnngelion Medical.		
••only applic	"This Authorization is not valid for use or disclosure of psycleable to records that are created by an "individual or entity who holds itself out as a providing alcohol or delude records created or maintained by a general medical facility. •••The term "genetic tests" means only the tests done to diagnose a current condition or problem. This includes information relate	notherapy notes rug abuse diagnosis, treatment or referral for treatment" (42 CFR Part 2) lose tests which determine future chances of developing a disease but no		
□IDO	☐ I DO NOT want information about Domestic Violence Victim Counse	ling released.		
□IDO				
□IDO	O I DO NOT want Child/Adult/Elder Abuse or Neglect or Abuse or Neglect of an Individual with a Disability released.			
□IDO	☐ I DO NOT want information about Rape/Sexual Assualt Victim Service	ces released.		
□IDO	☐ I DO NOT Confidential Communications with a Social Worker release	ed.		
□IDO	☐ I DO NOT want Genetic Testing results released. ***			
□IDO	☐ I DO NOT want information about Alcohol and/or Substance Abuse T	reatment released.**		
□IDO	☐ I DO NOT want HIV/AIDS Screen Test Results released.			
□IDO	☐ I DO NOT want mental/behavioral health or Disability Services Provi	der Documentation released *		
	nems as it could impact our domey to runnin your requ	iost and dauge delays.		

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