



EVANGELION

M E D I C A L

Welcome to Our Practice

Dear Prospective Patient,

Thank you for choosing us to be part of your healthcare journey. Whether you are here for preventive care, chronic condition management, or simply looking to feel your best, we are honored to be your partners in health.

At our clinic, we believe that building a healthier patient starts with a strong and respectful relationship between you and your care team. Your goals, concerns, and experiences matter deeply, and we are committed to listening, educating, and guiding you every step of the way. Every appointment, conversation, and plan is shaped around the belief that good health is achieved through collaboration, not just treatment.

Our approach is rooted in compassion, evidence-based medicine, and personalized care. We work together to identify what matters most to you, whether it is keeping up with your family, reducing stress, improving lab results, or simply feeling heard. We see healthcare as a partnership, where your voice guides your care and our expertise helps you make confident, informed decisions.

Please review the materials in this packet carefully and do not hesitate to ask questions. We are here for you, not just today, but throughout every chapter of your health journey.

Here is to working together toward a healthier you.

P. Douglas Cochran, MD

Kristin Groves, FNP-C

Elizabeth Vitulli, FNP-C



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15 Smith Rd. ● Suite 3004 ● Midland, Texas 79705
432-699-6000 ● www.evangelionmedical.com

GENERAL PATIENT INFORMATION

Full Legal Name: _____ Male Female

Date of Birth: ____/____/____ Social Security Number: _____

Primary Language: English Spanish Other: _____ Do you need a translator? Yes No

Please Note: If English is not your primary language, you must have a translator with you at your appointments.

Address: _____ City: _____ State: _____ Zip: _____

Primary Phone Number: _____ Email: _____

Occupation: _____ Employer: _____

Emergency Contact: _____ Relation: _____ Phone: _____

Other Family Members Treated in this Office: _____

Did anyone refer you to our office? _____

IF PATIENT IS A MINOR:

Parent's Full Legal Name: _____

Parent's Contact Number: _____ Parent's Employer: _____

INSURANCE INFORMATION

*A valid driver's license or ID card must be presented with your insurance card for scanning and verification.
The patient or responsible party must inform us immediately of any changes in insurance plans or coverage.*

PRIMARY

Insurance Company: _____ ID#: _____ Group#: _____

Name of Insured: _____ SS#: _____ DOB: ____/____/____

Relationship to Patient: _____

SECONDARY

Insurance Company: _____ ID#: _____ Group#: _____

Name of Insured: _____ SS#: _____ DOB: ____/____/____

Relationship to Patient: _____



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PATIENT MEDICAL HISTORY

Please check if you have ever been diagnosed with or treated for any of the following conditions.

- | | | |
|----------------------------|----------------------------|--------------------------|
| ● ADHD | ● Diabetes | ● Liver Problems |
| ● Anemia | ● Ear/Nose/Throat Problems | ● Low Blood Pressure |
| ● Anxiety | ● Eating Disorder | ● Lupus |
| ● Arthritis | ● Emphysema | ● Migraines |
| ● Asthma | ● Eye Problems | ● Neurological Problems |
| ● Autoimmune Diseases | ● Fertility Issues | ● Peptic Ulcer Disease |
| ● Bipolar Disorder | ● Fibromyalgia | ● Schizophrenia |
| ● Bladder Problems | ● GERD/Heart Burn | ● Seasonal Allergies |
| ● Blood Clots | ● Glaucoma | ● Seizures or Epilepsy |
| ● Cancer | ● Headaches/Migraines | ● Sleep Apnea |
| ● Congestive Heart Failure | ● Hepatitis | ● STDs |
| ● Colitis | ● High Blood Pressure | ● Stroke |
| ● COPD | ● High Cholesterol | ● Thyroid Disease |
| ● Coronary Artery Disease | ● Insomnia | ● Vascular Issues |
| ● Crohn's Disease | ● Irritable Bowel Syndrome | ● Other (indicate below) |
| ● Depression | ● Kidney Disease | ● None |

Please use this space to provide more information on any boxes checked if needed: _____

Past Hospitalizations: _____

Past Surgeries (include year): _____

Have you ever been treated for mental/behavioral health at an in-patient facility? Yes No

Have you ever received counseling services for Mental Health? Yes No

Who is on your Care Team? (please list any providers that you have seen or currently receive services from)

- | | | |
|------------------|---------------|--------------------|
| ● NONE | ● ENT: | ● Neurology: |
| ● Previous PCP: | ● GI: | ● Pain Management: |
| ● Allergy: | ● Hematology: | ● Psychiatry: |
| ● Cardiology: | ● OBGYN: | ● Pulmonology: |
| ● Dermatology: | ● Orthopedic: | ● Rheumatology: |
| ● Endocrinology: | ● Nephrology: | ● Urology: |

To help our office serve you best, please provide us with records of any recent (<5 years) hospitalizations or imaging.



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PATIENT MEDICAL HISTORY

Allergies (include reaction): _____

Current Medications, Vitamins & Supplements

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Name: _____ Dose: _____ Frequency: _____ Prescribed by: _____

Do you take your current medications as prescribed? Yes No

If not taking your medications as prescribed, why? Side Effects Cost Insurance Coverage Other

Have you ever been on therapy for Hormone Replacement Weight Loss None

Preventive Screenings

Test	Date of Last Test		Results/Notes
Colonoscopy	<input type="checkbox"/> Never		
Mammogram	<input type="checkbox"/> Never		
Pap Smear / HPV Test	<input type="checkbox"/> Never		
Prostate Exam / PSA	<input type="checkbox"/> Never		
EKG (Electrocardiogram)	<input type="checkbox"/> Never		
Echocardiogram	<input type="checkbox"/> Never		
Cardiac Stress Test	<input type="checkbox"/> Never		
Bone Density (DEXA Scan)	<input type="checkbox"/> Never		
Sleep Study	<input type="checkbox"/> Never		

Immunizations

Are your childhood immunizations complete or up to date for age? Yes No, explain: _____

Please provide the date of your last vaccinations below, if applicable, or provide a copy of your immunization record:

- Flu: _____
- COVID: _____
- Pneumonia: _____
- Meningitis: _____
- Shingles: _____
- HPV: _____
- TDAP (Tetanus): _____
- Hepatitis A: _____
- Hepatitis B: _____



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OBGYN HISTORY (Females)

Do you still get your periods? Yes No Date of last period: _____

Are your periods regular? Yes No

Are you currently on any kind of birth control? No Yes, Type: _____

Have you had a hysterectomy (partial or complete)? No Yes, Date: _____

Have you ever been pregnant before? No Yes, Number of pregnancies: _____

Have you ever had an abnormal:

- PapSmear Yes No If yes, results/followup: _____
- Mammogram Yes No If yes, results/followup: _____
- Breast Ultrasound Yes No If yes, results/followup: _____
- Breast Biopsy Yes No If yes, results/followup: _____

SOCIAL HISTORY

Marital Status: Single Dating Married Divorced Widowed Partner

Sexual Orientation: Heterosexual Homosexual Bisexual Other

Alcohol Use: Never Rarely Moderate or Daily (7-10 drinks/wk) Heavy (>10 drinks/wk)

Tobacco/Nicotine Use: Never Dip Cigarettes Vape Zyn or other smokeless Other

Tobacco/Nicotine Frequency: Current (describe use): _____ Quit (include date): _____

Illicit Drug Use: Never Previously, date quit: _____ Current: _____

FAMILY HISTORY

Include pertinent conditions like Mental Health Issues, Diabetes, High BP, High Cholesterol, Heart Attack, Stroke, Autoimmune, Cancer, etc.

Mother Living Deceased, age at death: _____ Problems: _____

Father Living Deceased, age at death: _____ Problems: _____

Maternal Grandmother Living Deceased, age at death: _____ Problems: _____

Maternal Grandfather Living Deceased, age at death: _____ Problems: _____

Paternal Grandmother Living Deceased, age at death: _____ Problems: _____

Paternal Grandfather Living Deceased, age at death: _____ Problems: _____

Sibling (brother sister) Living Deceased, age at death: _____ Problems: _____

Sibling (brother sister) Living Deceased, age at death: _____ Problems: _____

Sibling (brother sister) Living Deceased, age at death: _____ Problems: _____

Sibling (brother sister) Living Deceased, age at death: _____ Problems: _____



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PRIMARY GOALS & CONCERNS

Please tell us your top 3 goals/concerns. Is there anything we need to know to help you move forward with your health and wellness journey?

1. _____

2. _____

3. _____





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ANNUAL ADMINISTRATIVE FEE

Thank you for choosing Evangelion Medical as your partner in healthcare. We look forward to a long-term relationship with you and your family.

Evangelion Medical is committed to providing you with exceptional care. Many changes have taken place in the healthcare industry, and amongst these changes is the rise in administrative costs of operating a medical practice. Services once covered by insurance are now either partially covered, covered under certain medical necessity, or not covered at all. We want to continue to provide you with the highest quality medical care, but unfortunately, this requires providing services your insurance company will not cover.

After much consideration, Evangelion Medical finds it necessary to charge an Annual Administrative Fee (AAF) of \$225.00 per patient, with a discount of \$50 for additional patients per immediate family. The AAF is intended to cover services such as maintaining medical records, prior authorization, completion of immunization records, third-party forms, insurance filings and applications, email correspondences, etc.

Please note that your insurance company will not cover the annual administrative fee or any of these services.

We suggest that you pay the AAF at your earliest convenience each year, however, it is due by December 31st each year and is nonrefundable. You may speak with a receptionist to pay your AAF.

Evangelion Medical values the opportunity to provide care for you, and we desire to maintain the most exceptional care. Thank you for your understanding.

By signing this form, you acknowledge that your insurance will not cover your AAF because the fee is for uncovered services. You also agree to assume financial responsibility for payment and not to submit a bill to your insurance provider for the AAF.

Patient's Name: _____

Patient's Date of Birth: _____

Patient's Signature: _____

Today's Date: _____

Account (Patient ID) # _____



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PATIENT OFFICE POLICIES

Payment Terms

Co-payments and deductibles are due at the time of service. Payment plans are only available by prior agreement. A \$50 fee applies to payments with insufficient funds, which must be paid immediately along with the original charge, or the case will be sent to the District Attorney. Outstanding balances must be paid before future services.

No-shows and Missed Appointments

Missed appointments without a 24-hour notice or arrivals more than 15 minutes late are considered no-shows. A \$50 rescheduling fee applies per 15-minute increment and must be paid before rescheduling.

Record Reproduction Terms

Request for reproduction of paper medical records for legal, insurance, or private use will incur a fee of \$25.00 for the first 20 pages and \$0.50 per page thereafter. A request for records in electronic format will incur a fee of \$25.00 for 500 pages or fewer and \$50.00 for more than 500 pages.

Additional Provider Paperwork Terms

Form completion, disability paperwork, or similar requests are \$200 per activity unless completed during a dedicated appointment. Forms requiring only a signature may be completed for \$50 if deemed appropriate by the provider.

Patient Behavior and Interaction Terms

Abusive, dishonest, or non-compliant behavior will not be tolerated and may result in dismissal from the practice and reporting to authorities. Dr. Cochran reserves the right to terminate the physician-patient relationship at any time, with reasonable notice provided for care transfer.

Phone Calls and Requests

Patients must allow 24 hours for refill requests or non-urgent phone call returns.

Minor Patients Terms

Minors must be accompanied by a legal guardian or legal representative. Non-parental adults must present signed consent or legal documentation.

Service Restriction Terms

Appointments are required. Dr. Cochran does not provide hospital, nursing home, or chronic inpatient care. Non-English speakers must bring a translator or be rescheduled. One visitor per patient is allowed (excluding parents of minors). The practice does not participate in legal, insurance, Workers' Compensation, or disability cases. Legal actions involving providers will incur fees payable by the issuing party; a fee schedule is available on request. Testimony will be impartial and fact-based.

Controlled Substance Policy

This policy reflects evolving standards and regulatory requirements, not distrust in our patients. Controlled substances include, but are not limited to:

- **Narcotics** (Hydrocodone, Norco, Vicodin, Tramadol, etc.)
- **Hypnotics** (Ambien, Lunesta, etc.)
- **Stimulants** (Adderall, Vyvanse, etc.)
- **Hormones** (Testosterone or Hormone Replacement, etc.)
- **Benzodiazepines** (Xanax, Klonopin, Valium, etc.)

Long-Term Pain Management: Due to patient safety concerns, rising national misuse, and stricter Texas Medical Board regulations, Evangelion Medical generally does not provide ongoing narcotics.

Office Visits: No refills of controlled substances will be given without an office visit. **Visits do not guarantee a prescription.** An initial visit is required to begin any controlled substance. **Follow-up is required at least every 3 months** (or monthly, per some insurance rules). A \$20 fee applies to prescriptions issued without an in-person appointment.

Prescription Duration: Most narcotics will be prescribed for no more than 30 days; some other controlled substances may be given up to 90 days at the provider's discretion, with compliance and insurance approval.

Drug Testing: Patients on or requesting controlled substances may be randomly tested for compliance. Any illegal substance use (e.g., marijuana, cocaine, heroin) will result in the discontinuation of prescriptions and may lead to dismissal from the practice.

Specialist Involvement: Patients under the care of a specialist (e.g., pain management, psychiatry, orthopedics) for controlled substances will not receive those prescriptions from this office. If a patient stops seeing the specialist, it is their responsibility to secure another provider.

Non-Compliance: Dishonesty or failure to follow this policy will result in discontinuation of controlled medications and possible dismissal from the practice.

By signing below, I hereby certify that the information I have furnished on these forms is complete, true, and accurate. I have carefully read and understand all of the terms above.

Patient/Guardian Signature: _____

Date: _____



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STATEMENT OF FINANCIAL RESPONSIBILITY

PRIVATE INSURANCE AUTHORIZATION FOR ASSIGNMENT OF BENEFITS AND RELEASE OF INFORMATION

I hereby authorize and direct payment of my medical benefits to the offices of Evangelion Medical for any services furnished to me by the physician(s) or offices. I authorize the physician to release any information, including diagnosis and the records of any treatment or examination rendered to my child or me during the period of such medical services to third-party payers and/or health practitioners. I agree to inform the offices of Evangelion Medical immediately of any changes in my insurance plans or coverage benefits. In the event that my health plan determines a service to be "not covered", I will be responsible for the complete charge. I agree to be responsible for payment of all unpaid services rendered on my behalf or my dependents, including any fees for collection services needed.

Signature of Patient or Responsible Party

Date

PAYMENT

I hereby assume responsibility to pay the costs of all services provided by the offices of Evangelion Medical to the patient.

Signature of Patient or Responsible Party

Date

AUTHORIZATION OF PAYMENTS

I understand that Evangelion Medical will assist me in submitting my claim to my insurance carrier. I hereby authorize payment directly to Evangelion Medical and its physician(s) of medical benefits, otherwise payable to me, for the services provided. I understand that I am financially responsible for my health insurance deductibles, coinsurance, and non-covered services.

Signature of Patient or Responsible Party

Date

LABORATORY BILLS

I understand that the outside reference laboratory will bill me directly for all laboratory tests performed by the company. I understand that fee schedule (cost) for laboratory tests performed by Evangelion Medical, shall be available to the patient upon request.

Signature of Patient or Responsible Party

Date

PHYSICIAN ASSISTANTS AND NURSE PRACTITIONERS

I have been informed and understand that Evangelion Medical employs physician assistants (PA) and nurse practitioners (NP). I hereby authorize that a PA or NP, under the supervision of the attending physician, may render my medical care jointly. I authorize the PA and/or NP to communicate my diagnosis and treatment with his or her supervising physician, as well as with other health care practitioners involved in my care. I authorize the admittance of qualified observers, including medical students, during my consultation and/or examination.

Signature of Patient or Responsible Party

Date

MEDICARE LIFETIME SIGNATURE ON FILE

I request that payment of authorized Medicare benefits be made either to me or on my behalf to Evangelion Medical for any services furnished to me by the physicians. I authorize any holder of medical information about me to release to Evangelion Medical for Medicare Services and its agents any information needed to determine these benefits or the benefits payable for related services.

Signature of Patient or Responsible Party

Date



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ACKNOWLEDGEMENT OF RECEIPT OF HIPAA NOTICE OF PRIVACY PRACTICES

I acknowledge that I have read and understand Evangelion Medical’s “Notice of Privacy Practices” in accordance with HIPAA rules and regulations, which explain how my medical information may be used and disclosed. I understand that I am entitled to receive a copy of this document upon request.

Printed Name of Patient

Signature of Patient or Representative

Date

CONSENT TO COMMUNICATE

At Evangelion Medical, we are committed to protecting your privacy while ensuring you receive timely and appropriate communication regarding your care.

Voicemail and Communication Consent

If we are unable to reach you directly, may we leave detailed messages on your voicemail or answering machine, which may include test results, appointment information, and treatment recommendations?

- Yes** – I give consent for Evangelion Medical to leave detailed messages.
- No** – Please leave only a request for me to return the call.

Preferred Method of Contact

Please indicate your preferred method of contact for routine communication (appointments, reminders, results, etc.):

- Phone Call
- Patient Portal Message

Permission to Share Health Information

I give Evangelion Medical permission to discuss and/or release information about my care, including test results, medications, diagnoses, and treatment plans to the following individuals:

Name of Individual & Relationship	Contact	Comments/Instructions <i>(may pick up meds, disclose test results, etc.)</i>

By signing below, I hereby certify that to the best of my knowledge, all of the information I have furnished on these forms is complete, true and accurate.

Patient/Guardian/Legally Recognized Representative Signature: _____

Date: _____



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RELEASE OF RECORDS SECTION I: AUTHORIZATION *(please select one)*

I hereby authorize Evangelion Medical to **release my medical record** information to the person/facility listed below.

Name/Facility: _____ Attention: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Purpose of Request: Personal Insurance Legal Referral or 2nd Opinion Other: _____

Transfer from Practice (please specify): _____

I hereby authorize Evangelion Medical to **obtain my medical record** information to the person/facility listed below.

Name/Facility: _____ Attention: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

SECTION II: SPECIFIC RECORD/REPORT(S) TO BE RELEASED *(please select one)*

Please provide a two year abstract of my records.

Please provide specific records *(include pertinent dates and information)*: _____

COPY FEE: for patient record requests, pursuant to HIPAA 45 CFR 154.524, we reserve the right to charge a reasonable cost-based fee for producing and mailing the copies. If you want the entire medical record or more than the 2 year abstract, the rate will increase proportionately based on the cost. For all other release of information requests, the applicable US state statute governing fees for medical records will be applied.

Signature of Patient or Responsible Party

Date

Account (Patient ID) # _____



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RELEASE OF RECORDS

SECTION III: RESTRICTED AUTHORIZATION TO BE RELEASE PROTECTED INFORMATION

It is extremely important that you select "I DO" or "I DO NOT" for each item in the following section. Do not skip any items as it could impact our ability to fulfill your request and cause delays.

- I DO I DO NOT want mental/behavioral health or Disability Services Provider Documentation released *
- I DO I DO NOT want HIV/AIDS Screen Test Results released.
- I DO I DO NOT want information about Alcohol and/or Substance Abuse Treatment released.**
- I DO I DO NOT want Genetic Testing results released. ***
- I DO I DO NOT Confidential Communications with a Social Worker released.
- I DO I DO NOT want information about Rape/Sexual Assault Victim Services released.
- I DO I DO NOT want Child/Adult/Elder Abuse or Neglect or Abuse or Neglect of an Individual with a Disability released.
- I DO I DO NOT want Information about Sexually Transmitted Illness released.
- I DO I DO NOT want information about Domestic Violence Victim Counseling released.

*This Authorization is not valid for use or disclosure of psychotherapy notes

only applicable to records that are created by an "individual or entity who holds itself out as a providing alcohol or drug abuse diagnosis, treatment or referral for treatment" (42 CFR Part 2). Does not include records created or maintained by a general medical facility. *The term "genetic tests" means only those tests which determine future chances of developing a disease but not tests done to diagnose a current condition or problem. This includes information related to the testing of embryos created IVF.

Term: This Authorization will remain in effect until Evangelion Medical fulfills this request Revocation: I understand that I may revoke this Authorization at any time by requesting it of Evangelion Medical in writing at the address listed above. The revocation will be effective immediately upon Evangelion Medical's receipt of my written notice. I understand that the revocation will not have any effect on any action taken by Evangelion Medical in reliance on the Authorization before it received my written notice of revocation.

Effect on Treatment: I understand that I may refuse to sign this Authorization before any reason and that such refusal will not affect the commencement, continuation, or quality of my treatment at Evangelion Medical. Potential for Redisclosure: I understand that the person receiving my Protected Health Information may not be required to comply with federal and state Privacy laws, and my Protected Health Information may no longer be protected by the applicable state and federal law once it is disclosed by Evangelion Medical.

Access: I understand that in certain circumstances P Douglas Cochran, MD LTD has the right to deny me access to all or portions of my Protected Health Information and must notify me in writing of any such denials.

Signature of Patient or Responsible Party

Date

Account (Patient ID) # _____

